

WAVE HEALTH & FITNESS

SUMMER SERIES OUTDOOR YOGA

Free Outdoor Yoga Classes



SATURDAYS 9AM

JUNE 15 & 29

AUGUST 10 & 17

SUNDAYS 9AM

JULY 14 & 28

Classes will be held on the
Head House Concourse at the
Seaport World Trade Center.
200 Seaport Blvd, Upper level

Open to the public - No need to sign-up

Please bring your own mat.

Wave Health & Fitness | (617) 385-4540 | www.wavehealth.com